

Individual Best Times (All Time)

Lola Mitchinson - (1599594) - Thetford Dolphins SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.11	423	H	17/03/24	West Norfolk Open Meet 2024	King's Lynn	Thetford	3
1:13.33	419	H	09/06/24	Swim England Norfolk Inter Club Gala 2024	Norwich	Thetford	2
1:16.48	369	H	02/12/23	Great Yarmouth SC Winter Wipeout Meet 2023	Norwich	Thetford	3
1:17.42	356	H	09/10/23	Thetford Dolphins SC Club Championships 2023	Thetford	Thetford	4
1:18.60	340	H	25/06/23	Swim England Norfolk County Challenge 2023	Dereham	Thetford	3
1:22.41	295	F	10/06/23	Stowmarket SC Sprint into Summer 2023	Mid Suffolk LC		3
1:23.96	279	H	19/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	Thetford	3
1:28.04	242	F	20/11/22	City of Norwich L3 November SC Open Meet 2022	Norwich		3
1:29.43	231	H	03/12/22	Great Yarmouth SC Winter Wipeout 2022	Norwich	Thetford	3
1:30.36	224	H	06/10/22	Thetford Dolphins Club Championships 2022	Thetford	Thetford	4
1:36.37	184	H	19/03/22	Norwich Swan SC Open Meet 2022	Norwich	Thetford	3
1:40.23	164	H	12/12/21	Diss Otters SC Santa's Splash & Dash	Norwich	Thetford	3
1:42.84	152	H	25/06/22	Norfolk ASA County Challenge Gala	Dereham	Thetford	3
1:48.57	129	H	09/10/21	Thetford Tony Hegarty Championships & Age Groups	Thetford	Thetford	4

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