

# Individual Best Times (All Time)

Lola Mitchinson - (1599594) - Thetford Dolphins SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
35.19	369	H	03/12/23	Great Yarmouth SC Winter Wipeout Meet 2023	Norwich	Thetford	3
35.40	362	H	10/09/23	Thetford Dolphins SC Nifty 50s 2023	Thetford	Thetford	3
35.62	356	F	18/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich		3
36.06	343	H	15/10/23	Thetford Dolphins SC Club Championships 2023	Thetford	Thetford	4
37.51	305	F	10/06/23	Stowmarket SC Sprint into Summer 2023	Mid Suffolk LC		3
39.78	255	H	18/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	Thetford	3
39.88	253	F	19/11/22	City of Norwich L3 November SC Open Meet 2022	Norwich		3
42.08	216	H	08/10/22	Thetford Dolphins Club Championships 2022	Thetford	Thetford	4
42.28	212	H	11/09/22	Thetford Dolphins Swimming Club Nifty 50s	Thetford	Thetford	3
43.20	199	H	26/06/22	Norfolk ASA County Challenge Gala	Dereham	Thetford	3
45.74	168	H	20/03/22	Norwich Swan SC Open Meet 2022	Norwich	Thetford	3
48.37	142	H	12/12/21	Diss Otters SC Santa's Splash & Dash	Norwich	Thetford	3

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48.37 142 H 12/12/21 Diss Otters SC Santa's Splash & Dash

Norwich

Thetford

3