

# Individual Best Times (All Time)

Lucas Dugdale-Thomas - (1594946) - Eastbourne SC - 200 Backstroke - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:07.33	179	F	23/03/24	Eastbourne SC Club Championships	Eastbourne	Eastbourne	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:07.33	179	F	23/03/24	Eastbourne SC Club Championships	Eastbourne	Eastbourne	4