

Individual Best Times (All Time)

Heidi Thomas - (1584096) - Thetford Dolphins SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
38.28	286	H	15/10/23	Thetford Dolphins SC Club Championships 2023	Thetford	Thetford	4
39.14	268	H	10/09/23	Thetford Dolphins SC Nifty 50s 2023	Thetford	Thetford	3
39.98	251	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	Thetford	3
40.17	248	H	18/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	Thetford	3
40.45	243	H	26/02/23	Norfolk ASA Warwick Thompson Memorial Gala 2023	Thetford	Thetford	3
40.69	238	H	11/09/22	Thetford Dolphins Swimming Club Nifty 50s	Thetford	Thetford	3
41.41	226	F	10/06/23	Stowmarket SC Sprint into Summer 2023	Mid Suffolk LC		3
45.41	171	H	08/10/22	Thetford Dolphins Club Championships 2022	Thetford	Thetford	4

Swims in Date Order

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