

Individual Best Times (All Time)

Heidi Thomas - (1584096) - Thetford Dolphins SC - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|----------------|-----------------|-------|
| 35.63 | 320 | H | 30/06/24 | Swim England Norfolk County Challenge 2024 | Dereham | Thetford | 3 |
| 37.13 | 283 | H | 17/03/24 | West Norfolk Open Meet 2024 | King's Lynn | Thetford | 3 |
| 37.17 | 282 | H | 15/10/23 | Thetford Dolphins SC Club Championships 2023 | Thetford | Thetford | 4 |
| 38.41 | 255 | H | 10/09/23 | Thetford Dolphins SC Nifty 50s 2023 | Thetford | Thetford | 3 |
| 40.65 | 215 | H | 26/02/23 | Norfolk ASA Warwick Thompson Memorial Gala 2023 | Thetford | Thetford | 3 |
| 40.85 | 212 | H | 19/03/23 | West Norfolk SC Open Meet 2023 | Kings Lynn | Thetford | 3 |
| 42.16 | 193 | F | 10/06/23 | Stowmarket SC Sprint into Summer 2023 | Mid Suffolk LC | | 3 |
| 43.56 | 175 | H | 15/10/22 | Thetford Dolphins Club Championships 2022 | Thetford | Thetford | 4 |

Swims in Date Order

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