

Individual Best Times (All Time)

Sophia Motley - (1581797) - Bristol Penguin Olympic SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:46.49	526	F	08/06/24	Bristol Penguins & Keynsham Summer Champs 2024	Bristol	Bristol Pen	3
4:55.16	481	F	24/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol		4
5:01.65	450	F	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park		3
5:29.10	347	F	25/06/22	Keynsham & Bristol Penguins Low L4 Summer Champs	Hengrove		4
5:45.80	299	F	27/03/22	Soundwell SC Level 3 Regional Qualifier	Weston-Super-Mare		3
6:21.43	222	F	13/12/21	Bristol Penguin & Keynsham ASC Long Distance Meet	Hengrove		4

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