

Individual Best Times (All Time)

Rafael De Belligny - (1579905) - Witham Dolphins SC - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:52.19	136	H	20/05/23	Basildon & Phoenix Spring SC Meet 2023	Basildon	Witham Dolph	3

Swims in Date Order

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