

# Individual Best Times (All Time)

Ben Ross - (1578724) - East Grinstead Swimming Club - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:30.48	186	F	03/12/23	East Grinstead Winter Championships 2023	Edenbridge	East Grins'd	4
3:51.57	139	F	24/06/23	Atlantis Summer Splash 2023	Horsham		3
3:52.12	138	F	02/07/23	East Grinstead 2023 Summer Championships 2023	Edenbridge		4
3:52.31	138	F	05/12/22	East Grinstead SC Winter Championships 2022	Edenbridge		4
4:07.50	114	F	03/07/22	East Grinstead 2022 Summer Championships	Edenbridge LC		4

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