

Individual Best Times (All Time)

Ben Ross - (1578724) - East Grinstead Swimming Club - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:39.55	171	F	22/10/23	Sussex County ASA Winter AG Competition 2023	Crawley		2
1:39.58	171	F	08/12/23	East Grinstead Winter Championships 2023	Edenbridge	East Grins'd	4
1:39.75	170	F	26/11/23	Atlantis SC Christmas Cracker 2023	Horsham		3
1:43.28	153	F	24/06/23	Atlantis Summer Splash 2023	Horsham		3
1:43.84	150	F	21/05/23	East Grinstead SC Open Meet 2023	Crawley		3
1:46.21	140	F	07/07/23	East Grinstead 2023 Summer Championships 2023	Edenbridge		4
1:47.17	137	F	27/11/22	Atlantis SC Christmas Cracker 2022	Horsham		3
1:49.25	129	F	09/12/22	East Grinstead SC Winter Championships 2022	Edenbridge		4
1:58.89	100	F	04/07/22	East Grinstead 2022 Summer Championships	Edenbridge LC		4
2:05.57	85	F	10/12/21	East Grinstead 2021 Winter Championships	East Grinstead		4

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2:05.57	85	F	10/12/21	East Grinstead 2021 Winter Championships	East Grinstead		4