

# Individual Best Times (All Time)

Noortje Ashworth - (1577519) - Southwark Aquatics SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:23.56	199	H	20/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Southwark	3
3:45.70	146	H	28/06/21	Southwark	Elephant & Castle	Southwark	0

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