

Individual Best Times (All Time)

Rachel Donald - (153130) - Swim-IT - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.12	459	F	22/03/14	Glenrothes Spring Meet 2014	Glenrothes	Bathgate	2
1:11.92	444	H	27/07/13	Haddington International Meet	Prestonpans	Bathgate	2
1:11.99	443		19/05/12	Swim West Lothian - IM Tough	Bathgate	Bathgate	2
1:12.40	435	F	27/07/13	Haddington International Meet	Prestonpans	Bathgate	2
1:12.61	432		18/05/13	Swim West Lothian IM Tough 2013	Bathgate	Bathgate	2
1:13.00	425	F	27/08/16	Dunedin Challenge Meet	Bathgate	Swim-IT	2
1:13.06	424	F	29/08/15	Dunedin Challenge Meet	Bathgate	Swim-IT	2
1:13.40	418	H	08/11/14	Ren 96 Open Meet	Renfrew	Swim-IT	2
1:14.28	403		06/02/11	East District Age Group Championship	Glenrothes	Bathgate	1
1:15.50	384	F	26/08/17	Dunedin Challenge Meet	Bathgate	Swim-IT	2
1:16.55	368	H	06/02/10	East District Age Groups	Glenrothes	Bathgate	1
1:17.59	354		24/01/09	Stirling Junior Open	Grangemouth	Bathgate	2
1:18.17	346		08/02/09	East District Age Group	Glenrothes	Bathgate	1
1:18.64	340		11/10/09	West Lothian Champs	Livingston	Bathgate	2
1:18.71	339		24/01/10	Stirling Junior Open Meet	Stirling	Bathgate	2
1:20.62	315		03/02/08	East District Age Groups	Glenrothes	Bathgate	1
1:30.93	219		03/11/06	East District Champs	Glenrothes	Bathgate	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.50	384	F	26/08/17	Dunedin Challenge Meet	Bathgate	Swim-IT	2
1:13.00	425	F	27/08/16	Dunedin Challenge Meet	Bathgate	Swim-IT	2
1:13.06	424	F	29/08/15	Dunedin Challenge Meet	Bathgate	Swim-IT	2
1:13.40	418	H	08/11/14	Ren 96 Open Meet	Renfrew	Swim-IT	2
1:11.12	459	F	22/03/14	Glenrothes Spring Meet 2014	Glenrothes	Bathgate	2
1:12.40	435	F	27/07/13	Haddington International Meet	Prestonpans	Bathgate	2

1:11.92	444	H	27/07/13	Haddington International Meet	Prestonpans	Bathgate	2
1:12.61	432		18/05/13	Swim West Lothian IM Tough 2013	Bathgate	Bathgate	2
1:11.99	443		19/05/12	Swim West Lothian - IM Tough	Bathgate	Bathgate	2
1:14.28	403		06/02/11	East District Age Group Championship	Glenrothes	Bathgate	1
1:16.55	368	H	06/02/10	East District Age Groups	Glenrothes	Bathgate	1
1:18.71	339		24/01/10	Stirling Junior Open Meet	Stirling	Bathgate	2
1:18.64	340		11/10/09	West Lothian Champs	Livingston	Bathgate	2
1:18.17	346		08/02/09	East District Age Group	Glenrothes	Bathgate	1
1:17.59	354		24/01/09	Stirling Junior Open	Grangemouth	Bathgate	2
1:20.62	315		03/02/08	East District Age Groups	Glenrothes	Bathgate	1
1:30.93	219		03/11/06	East District Champs	Glenrothes	Bathgate	1