Individual Best Times (All Time)

Rachel Donald - (153130) - Swim-IT - 50 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
33.58	425	F	24/08/19	Dunedin Challenge Meet	Bathgate	Swim-IT	2
33.77	418	Н	02/12/18	Bathgate ASC Sprints with Finals 2018	Bathgate	Swim-IT	2
33.93	412	F	02/12/18	Bathgate ASC Sprints with Finals 2018	Bathgate	Swim-IT	2
34.05	407	F	29/08/15	Dunedin Challenge Meet	Bathgate	Swim-IT	2
34.17	403	F	05/12/15	Bathgate 80th Anniversary 2015	Bathgate	Swim-IT	2
34.27	399	F	27/08/16	Dunedin Challenge Meet	Bathgate	Swim-IT	2
34.40	395	Н	04/11/17	Bathgate ASC Sprints with Finals	Bathgate	Swim-IT	2
34.53	391	Н	05/12/15	Bathgate 80th Anniversary 2015	Bathgate	Swim-IT	2
34.68	385	Н	03/12/16	Bathgate Sprints	Bathgate		2
34.74	383	Н	22/12/18	East District Age Groups 2018 Round 2	Edinburgh	Swim-IT	2
34.75	383	F	04/11/17	Bathgate ASC Sprints with Finals	Bathgate	Swim-IT	2
34.77	382	F	03/12/16	Bathgate Sprints	Bathgate	Swim-IT	2
35.08	372		20/05/12	Swim West Lothian - IM Tough	Bathgate	Bathgate	2
35.48	360	F	26/08/17	Dunedin Challenge Meet	Bathgate	Swim-IT	2
35.68	354		22/05/11	Swim West Lothian IM Tough meet	West Lothian	Bathgate	2
37.42	307	F	10/10/09	Hearts Premier Age Group	Prestonpans	Bathgate	2
37.55	304	Н	05/06/10	East District Open Champs	Glenrothes	Bathgate	2
40.85	236		09/09/07	West Lothian Champs	Whitburn	Bathgate	2
41.25	229		21/10/07	West Lothian Champs	Whitburn	Bathgate	2
46.10	164		25/03/06	Warrender Annual Sprints	Dunfermline	Bathgate	3
47.26	152		10/09/06	West Lothian Prelims	Fauldhouse	Bathgate	3

Swims in Date Order

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	33.58	425	F	24/08/19	Dunedin Challenge Meet	Bathgate	Swim-IT	2
Cop	34.74 yright 202	383 4	Н	22/12/18	East District Age Groups 2018 Round 2	Edinburgh	Swim-IT Powered By SPORTS	2 SYSTEMS

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33.93	412	F	02/12/18	Bathgate ASC Sprints with Finals 2018	Bathgate	Swim-IT	2
33.77	418	Н	02/12/18	Bathgate ASC Sprints with Finals 2018	Bathgate	Swim-IT	2
34.75	383	F	04/11/17	Bathgate ASC Sprints with Finals	Bathgate	Swim-IT	2
34.40	395	Н	04/11/17	Bathgate ASC Sprints with Finals	Bathgate	Swim-IT	2
35.48	360	F	26/08/17	Dunedin Challenge Meet	Bathgate	Swim-IT	2
34.77	382	F	03/12/16	Bathgate Sprints	Bathgate	Swim-IT	2
34.68	385	Н	03/12/16	Bathgate Sprints	Bathgate		2
34.27	399	F	27/08/16	Dunedin Challenge Meet	Bathgate	Swim-IT	2
34.17	403	F	05/12/15	Bathgate 80th Anniversary 2015	Bathgate	Swim-IT	2
34.53	391	Н	05/12/15	Bathgate 80th Anniversary 2015	Bathgate	Swim-IT	2
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35.08	372		20/05/12	Swim West Lothian - IM Tough	Bathgate	Bathgate	2
35.68	354		22/05/11	Swim West Lothian IM Tough meet	West Lothian	Bathgate	2
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46.10	164		25/03/06	Warrender Annual Sprints	Dunfermline	Bathgate	3

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