

Individual Best Times (All Time)

Sian Smith - (152235) - Watford SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.15	587	F	24/03/12	Hertfordshire ASA County Championships	Borehamwood	Hatfield	2
30.52	566	F	02/12/12	ASA East Region Winter Championships	Cambridge	Hatfield	2
30.58	562	F	24/03/12	Hertfordshire ASA County Championships	Borehamwood	Hatfield	2
30.79	551	H	04/12/11	BG East Region Winter Championships	Norwich	Hatfield	2
30.90	545	F	04/02/12	Hatfield UKC Valentines Meet	Hatfield	Hatfield	2
30.95	543	F	06/11/11	City of Norwich The Big Bang 2011	Norwich	Hatfield	2
31.08	536	H	02/12/12	ASA East Region Winter Championships	Cambridge	Hatfield	2
31.11	534	F	04/12/11	BG East Region Winter Championships	Norwich	Hatfield	2
31.11	534	F	23/03/13	Hertfordshire County Championships	Borehamwood	Hatfield	2
31.36	521	F	17/09/11	Hatfield SC Club Championships	Hatfield	Hatfield	4
31.56	512	F	23/03/13	Hertfordshire County Championships	Borehamwood	Hatfield	2
31.67	506	F	20/09/15	Hatfield Club Championships 2015	Hatfield	Hatfield	4
31.94	494	C	07/11/10	East Region Winter Champs	Norwich	Hatfield	2
32.03	489	F	28/09/14	Hatfield Club Championships	Hatfield	Hatfield	4
32.08	487		28/11/09	Hatfield Winter Wonderland	Hatfield	Hatfield	3
32.08	487	H	07/11/10	East Region Winter Champs	Norwich	Hatfield	2
32.27	479	F	21/03/10	Hertfordshire Champs	Borehamwood	Hatfield	2
32.27	479	F	19/03/11	Hertfordshire County Championships	Borehamwood	Hatfield	2
32.49	469	F	21/03/10	Hertfordshire Champs	Borehamwood	Hatfield	2
32.63	463	F	11/09/10	Hatfield Club Champs	Hatfield	Hatfield	4
32.64	462	F	19/03/11	Hertfordshire County Championships	Borehamwood	Hatfield	2
32.65	462	H	08/11/09	East Region Winter Champs	Norwich	Hatfield	2
33.14	442		23/01/10	Biggleswade 11th Open	Biggleswade	Hatfield	3
33.21	439		13/02/10	Hatfield Valentine Meet	Hertfordshire SV	Hatfield	2
33.89	413		24/01/09	Biggleswade Open Meet	Biggleswade	Hatfield	2
34.45	393		07/03/09	Hertfordshire Champs	Borehamwood	Hatfield	2
34.51	381		07/03/09	Hatfield Club Champs	Herts Sports Village	Hatfield	4

34.51	391		07/09/08	Hatfield Club Champs	Herts SportsVillage0	Hatfield	
34.66	386		07/03/09	Hertfordshire Champs	Borehamwood	Hatfield	2
35.18	369		29/11/08	Hatfield UK Challenge	Hatfield	Hatfield	2
35.25	367		01/03/08	Hertfordshire Champs	Borehamwood	Hatfield	2
35.26	367		01/03/08	Hertfordshire Champs	Borehamwood	Hatfield	2
35.90	347		26/01/08	Biggleswade Open Meet	Biggleswade	Hatfield	2
36.03	344		23/09/07	Hatfield Club Champs	Hatfield	Hatfield	4
36.21	339		24/11/07	Hatfield UK Challenge	Hatfield	Hatfield	2
36.63	327		10/02/07	Hatfield UK Challenge	Hatfield	Hatfield	2
36.75	324		03/03/07	Hertfordshire Champs	Borehamwood	Hatfield	2
37.13	314		03/03/07	Hertfordshire Champs	Borehamwood	Hatfield	2
41.67	222	H	05/03/06	Hertfordshire County Champ	Borehamwood	Hatfield	2

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