

Individual Best Times (All Time)

Arabella Bishop - (1519079) - West Norfolk Swimming Club - 400 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:42.55	175	H	15/07/22	West Norfolk SC Club Championships 2022	Kings Lynn	West Norfolk	4

Swims in Date Order

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