

# Individual Best Times (All Time)

Emily Forster - (1510383) - City of Sunderland ASC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet   | Venue          | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------|-----------------|-------|
| 2:17.26 | 519    | H     | 26/05/24 | South Tyneside 2024 Spring Meet                  | South Shields  | Co Sund'land    | 3     |
| 2:19.24 | 497    | H     | 24/03/24 | Tynemouth ASC NER Qualifier                      | Tynemouth      | Co Sund'land    | 3     |
| 2:19.38 | 495    | H     | 10/02/24 | Durham City Aquatics Valentine Gala              | Durham         | Co Sund'land    | 3     |
| 2:20.88 | 480    |       | 10/12/23 | York City BC Winter Swim Extravaganza 2023       | Leeds          |                 | 3     |
| 2:22.11 | 467    | H     | 04/11/23 | NE Regional Age Group Championships (25m) 2023   | Sheffield      | Co Sund'land    | 2     |
| 2:23.63 | 453    | H     | 28/05/23 | South Tyneside SC Spring Meet 2023               | South Shields  | Co Sund'land    | 3     |
| 2:24.31 | 446    | H     | 14/07/23 | Gateshead & Whickham ASC Summer Meet 2023        | Gateshead      | Co Sund'land    | 3     |
| 2:24.99 | 440    | H     | 14/10/23 | Bo Stockton Winter Swim Festival 2023            | Billingham     | Co Sund'land    | 2     |
| 2:26.79 | 424    | H     | 17/09/23 | Richmond Dales Iain Young Back to Pool Gala 2023 | Middlesborough | Co Sund'land    | 3     |
| 2:27.26 | 420    | H     | 18/03/23 | Durham City Aquatics Not the Valentine Gala 2023 | Durham         | Co Sund'land    | 3     |
| 2:39.18 | 332    |       | 11/12/22 | York City Baths Winter Swim Extravaganza 2022    | Leeds          |                 | 3     |
| 3:13.10 | 186    | H     | 05/02/22 | Durham City Aquatics Valentine Gala              | Durham         | Co Sund'land    | 3     |
| 3:27.71 | 149    | H     | 12/12/21 | Newcastle Swim Team Invitational Shrimp Meet     | Tynemouth      | Co Sund'land    | 4     |
| 3:39.08 | 127    | H     | 03/10/21 | Newcastle Swim Team Invitational Shrimp Meet     | Sunderland     | Co Sund'land    | 4     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet   | Venue          | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------|-----------------|-------|
| 2:17.26 | 519    | H     | 26/05/24 | South Tyneside 2024 Spring Meet                  | South Shields  | Co Sund'land    | 3     |
| 2:19.24 | 497    | H     | 24/03/24 | Tynemouth ASC NER Qualifier                      | Tynemouth      | Co Sund'land    | 3     |
| 2:19.38 | 495    | H     | 10/02/24 | Durham City Aquatics Valentine Gala              | Durham         | Co Sund'land    | 3     |
| 2:20.88 | 480    |       | 10/12/23 | York City BC Winter Swim Extravaganza 2023       | Leeds          |                 | 3     |
| 2:22.11 | 467    | H     | 04/11/23 | NE Regional Age Group Championships (25m) 2023   | Sheffield      | Co Sund'land    | 2     |
| 2:24.99 | 440    | H     | 14/10/23 | Bo Stockton Winter Swim Festival 2023            | Billingham     | Co Sund'land    | 2     |
| 2:26.79 | 424    | H     | 17/09/23 | Richmond Dales Iain Young Back to Pool Gala 2023 | Middlesborough | Co Sund'land    | 3     |
| 2:24.31 | 446    | H     | 14/07/23 | Gateshead & Whickham ASC Summer Meet 2023        | Gateshead      | Co Sund'land    | 3     |
| 2:23.63 | 453    | H     | 28/05/23 | South Tyneside SC Spring Meet 2023               | South Shields  | Co Sund'land    | 3     |

|         |     |   |          |  |            |              |   |
|---------|-----|---|----------|--|------------|--------------|---|
| 2:27.26 | 420 | H | 18/03/23 | Durham City Aquatics Not the Valentine Gala 2023 | Durham     | Co Sund'land | 3 |
| 2:39.18 | 332 |   | 11/12/22 | York City Baths Winter Swim Extravaganza 2022    | Leeds      |              | 3 |
| 3:13.10 | 186 | H | 05/02/22 | Durham City Aquatics Valentine Gala              | Durham     | Co Sund'land | 3 |
| 3:27.71 | 149 | H | 12/12/21 | Newcastle Swim Team Invitational Shrimp Meet     | Tynemouth  | Co Sund'land | 4 |
| 3:39.08 | 127 | H | 03/10/21 | Newcastle Swim Team Invitational Shrimp Meet     | Sunderland | Co Sund'land | 4 |