

# Individual Best Times (All Time)

Emily Forster - (1510383) - City of Sunderland ASC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.00	362		10/12/23	York City BC Winter Swim Extravaganza 2023	Leeds		3
1:17.68	352	H	11/06/24	City of Sunderland ASC Club Champs 2024	Sunderland	Co Sund'land	4
1:19.62	327	H	27/05/23	South Tyneside SC Spring Meet 2023	South Shields	Co Sund'land	3
1:19.72	326	H	15/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	Co Sund'land	2
1:22.76	291	H	18/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	Co Sund'land	3
1:22.76	291	H	16/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesborough	Co Sund'land	3
1:29.09	233	H	20/09/22	City of Sunderland ASC Club Champs 2022	Sunderland	Co Sund'land	4
1:33.88	199	H	28/05/22	South Tyneside SC Spring Meet 2022	South Shields	Co Sund'land	3
1:37.94	176	H	27/03/22	Tynemouth ASC March Gala 2022	North Sheilds	Co Sund'land	3
1:43.76	148	H	06/02/22	Durham City Aquatics Valentine Gala	Durham	Co Sund'land	3
2:08.66	77	H	31/07/21	City of Sunderland	Sunderland	Co Sund'land	0
2:09.52	76	H	03/07/21	City of Sunderland	Sunderland	Co Sund'land	0

## Swims in Date Order

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2:08.66	77	H	31/07/21	City of Sunderland	Sunderland	Co Sund'land	0

