

# Individual Best Times (All Time)

Jacob Parker - (1510041) - Southwark Aquatics SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:00.51	352	F	24/03/24	Saxon Crown Spring Challenge Meet 2024	Lewisham	Southwark	3
5:11.07	317	F	25/09/23	Saxon Crown Club Championships 2023	Lewisham		4
5:23.39	282	H	02/04/23	Basildon & Phoenix SC Easter Meet 2023	Basildon	Southwark	3
6:29.23	162	F	17/07/22	Bexley SC Summer Sizzler	Bexleyheath		3
6:36.15	153	H	19/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Southwark	3

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