

Individual Best Times (All Time)

Meadow Lynn - (1509828) - City of Southend on Sea SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:59.70	265	H	16/07/23	Basildon & Phoenix End of Season Meet 2023	Basildon	Southend	3
5:59.75	265	H	10/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	Southend	4
6:21.13	223	H	25/02/23	Essex Age Group County Championships 2023	Basildon	Southend	2
7:03.09	163	H	25/11/22	City of Southend on Sea Club Championships 2022	Southend	Southend	4

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