

Individual Best Times (All Time)

Sofia Ashdown - (1508847) - Wrexham Swimming Club - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:32.56	227	F	03/07/22	Holywell 50th Anniversary (Sprint) Meet 2022	Holywell		3
1:43.34	163	F	23/11/20	Swim Wales Super Series - Round 2, Session 1	Swansea		0

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