

Individual Best Times (All Time)

Sofia Ashdown - (1508847) - Wrexham Swimming Club - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:26.02	259	F	26/03/23	Wrexham SC Crystal Meet 2023	Wrexham		3
1:26.40	256	F	25/06/23	Wrexham Cath Ankers Meet 2023	Wrexham		3
1:26.57	254	F	11/02/23	Swim Wales North Regional Championships 2023	Llandudno		2
1:26.62	254	F	30/04/23	Wrexham Spring Meet 2023	Wrexham		2
1:26.92	251	F	19/03/23	Swim Conwy Spring Meet 2023	Llandudno		3
1:28.90	235	F	26/11/22	Swim Wales North Sub Regionals 2022	Llandudno		3
1:29.04	234	F	16/10/22	Swim Conwy Autumn Gala	Llandudno		2
1:32.50	208	F	12/06/22	Wrexham Swimming Club Cath Ankers Meet 2022	Wrexham		3
1:32.59	208	F	03/07/22	Holywell 50th Anniversary (Sprint) Meet 2022	Holywell		3
1:35.33	190	F	27/02/22	Swim Conwy Spring Gala	Llandudno		3
1:50.91	121	F	23/11/20	Swim Wales Super Series - Round 2, Session 1	Swansea		0

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