

Individual Best Times (All Time)

Holly Shepherd - (1503172) - Canvey Island SC - 200 Breaststroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:15.74	324	H	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	Canvey Isl	3

Swims in Date Order

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