

Individual Best Times (All Time)

Holly Shepherd - (1503172) - Canvey Island SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.55	463	H	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	Canvey Isl	3
2:23.25	456	H	25/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	Canvey Isl	3
2:23.62	453	H	23/03/24	Harlow & Bishops Stortford 2024 Regional Qualifier	Harlow	Canvey Isl	3
2:23.92	450	H	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	Canvey Isl	3
2:25.50	435	H	23/09/23	Basildon & Phoenix Autumn Season Opener 2023	Basildon	Canvey Isl	3
2:27.11	421	H	09/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	Canvey Isl	3
2:27.55	417	H	03/06/23	Chelmsford City SC Summer Sprints Meet 2023	Riverside	Canvey Isl	3
2:40.71	323	H	04/12/22	Basildon & Phoenix SC Last Chance County Qualifier	Basildon	Canvey Isl	3
2:42.46	313	H	17/09/22	BPSC Autumn Season Opener 2022	Basildon	Canvey Isl	3
2:44.78	300	H	17/04/22	Romford Town Last Chance Regional Qualifier Meet	Essex	Canvey Isl	3
2:49.85	273	H	19/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Canvey Isl	3
2:51.23	267	F	06/03/22	Erith & District/Orpington Ojays Spring Open Meet	Crook Log		3
3:02.71	220	H	11/12/21	Basildon & Phoenix Last Chance County Qualifier 21	Basildon	Canvey Isl	3
3:03.53	217	H	24/10/21	Romford Town SC Season Opener Meet 2021	London	Canvey Isl	3

Swims in Date Order

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