

Individual Best Times (All Time)

Holly Shepherd - (1503172) - Canvey Island SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.11	393	H	28/01/24	Braintree & Bocking Winter Sprints Open Meet 2023	Braintree	Canvey Isl	3
1:17.21	392	H	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	Canvey Isl	3
1:18.93	366	H	23/09/23	Basildon & Phoenix Autumn Season Opener 2023	Basildon	Canvey Isl	3
1:20.95	340	H	03/06/23	Chelmsford City SC Summer Sprints Meet 2023	Riverside	Canvey Isl	3
1:22.95	316	H	22/01/23	Braintree & Bocking SC Winter Sprints Open Meet 23	Braintree	Canvey Isl	3
1:40.38	178	H	23/10/21	Romford Town SC Season Opener Meet 2021	London	Canvey Isl	3

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