## Individual Best Times (All Time)

Polly Anderson - (1499802) - West Norfolk Swimming Club - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:51.85	356	Н	17/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
2:54.46	340	Н	23/03/24	Norwich Swan Open Meet 2024	Norwich	West Norfolk	3
2:59.24	314	F	02/12/23	City of Peterborough Winter Meet 2023	Peterborough		3
3:00.90	305	Н	23/09/23	Norwich Swan No Frills Season Starter Meet 2023	Norwich	West Norfolk	3
3:01.82	301	Н	19/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	West Norfolk	3
3:05.48	283	Н	16/07/23	West Norfolk Club Championships 2023	Downham Market	West Norfolk	4
3:19.75	227	Н	17/07/22	West Norfolk SC Club Championships 2022	Downham Market	West Norfolk	4
3:21.33	221	F	02/10/22	Dereham & District ASC Iceni Open	Dereham		3
3:23.14	215	F	01/05/22	South Lincs SC 36th Tulip Meet 2022	Spalding		3
4:03.26	125	F	03/10/21	City of Peterborough SC Season Opener	Peterborough		3
4:24.71	97	Н	05/07/21	West Norfolk	Alive St James	West Norfolk	0

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:54.46	340	Н	23/03/24	Norwich Swan Open Meet 2024	Norwich	West Norfolk	3
2:51.85	356	Н	17/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
2:59.24	314	F	02/12/23	City of Peterborough Winter Meet 2023	Peterborough		3
3:00.90	305	Н	23/09/23	Norwich Swan No Frills Season Starter Meet 2023	Norwich	West Norfolk	3
3:05.48	283	Н	16/07/23	West Norfolk Club Championships 2023	Downham Market	West Norfolk	4
3:01.82	301	Н	19/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	West Norfolk	3
3:21.33	221	F	02/10/22	Dereham & District ASC Iceni Open	Dereham		3
3:19.75	227	Н	17/07/22	West Norfolk SC Club Championships 2022	Downham Market	West Norfolk	4
3:23.14	215	F	01/05/22	South Lincs SC 36th Tulip Meet 2022	Spalding		3
4:03.26	125	F	03/10/21	City of Peterborough SC Season Opener	Peterborough		3
4:24.71	97	Н	05/07/21	West Norfolk	Alive St James	West Norfolk	0