

Individual Best Times (All Time)

Rupert Knox - (1497986) - Haslemere Swimming Club - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:01.62	273	F	21/04/24	SE South East Region LC Championships 2024	Crawley		2
6:02.16	272	F	03/03/24	Maidenhead Marlins Level 3 Meet 2024	Maidenhead		3
6:37.42	206	F	11/06/23	Haslemere Club Championships 2023	Haslemere		4

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