

# Individual Best Times (All Time)

Niamh Venus-Knight - (1496265) - Witham Dolphins SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:28.40	351	H	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	Witham Dolph	3
1:30.20	330	H	09/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	Witham Dolph	3
1:31.78	313	F	02/07/23	Witham Invitational Summer Festival of Swimming	Witham		4
1:31.94	312	H	23/09/23	Basildon & Phoenix Autumn Season Opener 2023	Basildon	Witham Dolph	3
1:32.02	311	F	23/06/24	Witham Dolphins Summer Festival of Swimming 2024	Witham	Witham Dolph	4
1:35.74	276	H	05/02/23	Essex Age Group County Championships 2023	Basildon	Witham Dolph	2
1:35.74	276	H	05/02/23	Essex Age Group County Championships 2023	Basildon	Witham Dolph	2
1:36.85	266	H	01/04/23	Basildon & Phoenix SC Easter Meet 2023	Basildon	Witham Dolph	3
1:37.50	261	H	18/12/22	RTSC Christmas Cracker Meet 2022	Basildon	Witham Dolph	3
1:37.69	260	H	19/11/22	Putteridge Winter SC Open & County Qualification	Luton	Witham Dolph	3
1:38.02	257	H	03/12/22	Colchester Last Chance County Qualifier	Braintree	Witham Dolph	3
1:38.25	255	H	17/09/22	BPSC Autumn Season Opener 2022	Basildon	Witham Dolph	3
1:39.45	246	H	02/10/22	Romford Town SC Autumn Season Opener Meet 2022	Essex	Witham Dolph	3
1:41.47	232	F	03/07/22	Witham Invitational Summer Festival of Swimming	Witham		4
1:45.32	207	H	17/04/22	Romford Town Last Chance Regional Qualifier Meet	Essex	Witham Dolph	3
1:50.15	181	F	28/11/21	Witham Dolphins SC Winter Champs 2021	Witham		4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:32.02	311	F	23/06/24	Witham Dolphins Summer Festival of Swimming 2024	Witham	Witham Dolph	4
1:28.40	351	H	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	Witham Dolph	3
1:30.20	330	H	09/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	Witham Dolph	3
1:31.94	312	H	23/09/23	Basildon & Phoenix Autumn Season Opener 2023	Basildon	Witham Dolph	3
1:31.78	313	F	02/07/23	Witham Invitational Summer Festival of Swimming	Witham		4
1:36.85	266	H	01/04/23	Basildon & Phoenix SC Easter Meet 2023	Basildon	Witham Dolph	3
1:35.74	276	H	05/02/23	Essex Age Group County Championships 2023	Basildon	Witham Dolph	2

1:35.74	276	H	05/02/23	Essex Age Group County Championships 2023	Basildon	Witham Dolph	2
1:37.50	261	H	18/12/22	RTSC Christmas Cracker Meet 2022	Basildon	Witham Dolph	3
1:38.02	257	H	03/12/22	Colchester Last Chance County Qualifier	Braintree	Witham Dolph	3
1:37.69	260	H	19/11/22	Putteridge Winter SC Open & County Qualification	Luton	Witham Dolph	3
1:39.45	246	H	02/10/22	Romford Town SC Autumn Season Opener Meet 2022	Essex	Witham Dolph	3
1:38.25	255	H	17/09/22	BPSC Autumn Season Opener 2022	Basildon	Witham Dolph	3
1:41.47	232	F	03/07/22	Witham Invitational Summer Festival of Swimming	Witham		4
1:45.32	207	H	17/04/22	Romford Town Last Chance Regional Qualifier Meet	Essex	Witham Dolph	3
1:50.15	181	F	28/11/21	Witham Dolphins SC Winter Champs 2021	Witham		4