

Individual Best Times (All Time)

Niamh Venus-Knight - (1496265) - Witham Dolphins SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
39.68	365	H	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	Witham Dolph	3
41.06	329	H	28/01/24	Braintree & Bocking Winter Sprints Open Meet 2023	Braintree	Witham Dolph	3
41.09	329	F	23/06/24	Witham Dolphins Summer Festival of Swimming 2024	Witham	Witham Dolph	4
41.13	328	H	10/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	Witham Dolph	3
41.55	318	F	29/10/23	Teamipswich SC Spooktacular Open 2023	Ipswich		3
41.69	315	H	26/11/23	Chelmsford City Robin Springett Meet 2023	Riverside LC	Witham Dolph	3
42.41	299	F	02/07/23	Witham Invitational Summer Festival of Swimming	Witham		4
42.79	291	H	01/04/23	Basildon & Phoenix SC Easter Meet 2023	Basildon	Witham Dolph	3
43.00	287	H	03/06/23	Chelmsford City SC Summer Sprints Meet 2023	Riverside	Witham Dolph	3
43.94	269	H	19/11/22	Putteridge Winter SC Open & County Qualification	Luton	Witham Dolph	3
45.01	250	H	02/10/22	Romford Town SC Autumn Season Opener Meet 2022	Essex	Witham Dolph	3
46.11	232	H	25/02/23	Essex Age Group County Championships 2023	Basildon	Witham Dolph	2
46.68	224	H	11/06/22	Chelmsford City SC Summer Sprint Open Meet	Riverside Ice & LC	Witham Dolph	4
46.69	224	H	10/07/22	Romford Town SC End of Season Meet July 2022	Essex	Witham Dolph	3
46.73	223	H	21/05/22	Basildon & Phoenix Spring SC Open Meet 2022	Basildon	Witham Dolph	3
46.87	221	F	03/07/22	Witham Invitational Summer Festival of Swimming	Witham		4
46.94	220	F	06/03/22	Teamipswich SC The Mighty March Meet 2022	Ipswich		3
49.08	193	H	03/10/21	Swim England Essex Winter Championships 2021	Basildon	Witham Dolph	2
49.08	193	H	03/10/21	Swim England Essex Winter Championships 2021	Basildon	Witham Dolph	2
49.62	186	F	12/12/21	Witham Dolphins SC Winter Champs 2021	Witham		4
49.68	186	F	04/12/21	NUEL Late County Qualifier Open Meet 2021	Stratford		3
49.92	183	H	23/10/21	Romford Town SC Season Opener Meet 2021	London	Witham Dolph	3
51.65	165	H	25/09/21	Basildon and Phoenix Dave Warriner Sprint Meet	Basildon	Witham Dolph	3
54.35	142	F	13/06/21	Witham	Witham		0

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