

Individual Best Times (All Time)

Niamh Venus-Knight - (1496265) - Witham Dolphins SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.32	331	H	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	Witham Dolph	3
1:21.09	310	H	09/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	Witham Dolph	3
1:21.09	310	F	23/06/24	Witham Dolphins Summer Festival of Swimming 2024	Witham	Witham Dolph	4
1:22.11	298	H	23/09/23	Basildon & Phoenix Autumn Season Opener 2023	Basildon	Witham Dolph	3
1:24.97	269	H	18/12/22	RTSC Christmas Cracker Meet 2022	Basildon	Witham Dolph	3
1:25.22	267	F	02/07/23	Witham Invitational Summer Festival of Swimming	Witham		4
1:26.98	251	H	03/12/22	Colchester Last Chance County Qualifier	Braintree	Witham Dolph	3
1:28.33	239	H	17/09/22	BPSC Autumn Season Opener 2022	Basildon	Witham Dolph	3
1:29.92	227	H	25/02/23	Essex Age Group County Championships 2023	Basildon	Witham Dolph	2
1:31.45	216	H	02/10/22	Romford Town SC Autumn Season Opener Meet 2022	Essex	Witham Dolph	3
1:31.71	214	F	03/07/22	Witham Invitational Summer Festival of Swimming	Witham		4
1:33.68	201	H	21/05/22	Basildon & Phoenix Spring SC Open Meet 2022	Basildon	Witham Dolph	3
1:34.66	194	F	06/03/22	Teamipswich SC The Mighty March Meet 2022	Ipswich		3
1:36.03	186	H	17/04/22	Romford Town Last Chance Regional Qualifier Meet	Essex	Witham Dolph	3
1:37.13	180	F	12/12/21	Witham Dolphins SC Winter Champs 2021	Witham		4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:21.09	310	F	23/06/24	Witham Dolphins Summer Festival of Swimming 2024	Witham	Witham Dolph	4
1:19.32	331	H	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	Witham Dolph	3
1:21.09	310	H	09/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	Witham Dolph	3
1:22.11	298	H	23/09/23	Basildon & Phoenix Autumn Season Opener 2023	Basildon	Witham Dolph	3
1:25.22	267	F	02/07/23	Witham Invitational Summer Festival of Swimming	Witham		4
1:29.92	227	H	25/02/23	Essex Age Group County Championships 2023	Basildon	Witham Dolph	2
1:24.97	269	H	18/12/22	RTSC Christmas Cracker Meet 2022	Basildon	Witham Dolph	3
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1:31.71	214	F	03/07/22	Witham Invitational Summer Festival of Swimming	Witham		4
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