

Individual Best Times (All Time)

Rachael O'Donnell - (149356) - Garioch ASC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:19.93	614		06/12/11	SASA East District Age Groups	Glenrothes	Carnegie	1
2:20.38	608		04/12/12	SASA East Dist Age Groups Round 2	Bathgate	Carnegie	2
2:20.63	604		04/12/12	SASA East Dist Age Groups Round 2	Bathgate	Carnegie	2
2:21.41	595		07/11/10	East District Champs	Glenrothes	Carnegie	1
2:21.65	592		07/11/10	East District Champs	Glenrothes	Carnegie	1
2:22.27	584	F	09/09/12	Garioch 200 Open Meet 2012	Aberdeenshire	Carnegie	2
2:22.95	576		06/12/11	SASA East District Age Groups	Glenrothes	Carnegie	1
2:24.03	563	F	03/10/10	East District Time Trial	Glenrothes	Carnegie	1
2:24.60	556	F	06/09/09	Dunedin Challenge Meet	Glenrothes	Carnegie	2
2:25.23	549	F	31/10/09	East District Age Group	Glenrothes	Carnegie	1
2:26.75	532	H	31/10/09	East District Age Group	Glenrothes	Carnegie	1
2:29.48	503		01/11/08	SASA East District AG	Glenrothes	Carnegie	1
2:30.70	491		01/11/08	SASA East District AG	Glenrothes	Carnegie	1
2:31.40	484		05/10/08	East District Time Trial	Glenrothes	Carnegie	1
2:33.26	467		22/06/08	Incas Distance Meet	Glenrothes	Carnegie	2
2:40.63	405		01/12/07	SASA East District Champs	Glenrothes	Carnegie	1
2:41.29	401		15/12/07	Carnegie Winter Meet	Glenrothes	Carnegie	2
2:46.35	365		08/09/07	Dunedin Challenge Meet	Glenrothes	Carnegie	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:20.38	608		04/12/12	SASA East Dist Age Groups Round 2	Bathgate	Carnegie	2
2:20.63	604		04/12/12	SASA East Dist Age Groups Round 2	Bathgate	Carnegie	2
2:22.27	584	F	09/09/12	Garioch 200 Open Meet 2012	Aberdeenshire	Carnegie	2
2:22.95	576		06/12/11	SASA East District Age Groups	Glenrothes	Carnegie	1
2:19.93	614		06/12/11	SASA East District Age Groups	Glenrothes	Carnegie	1

2:21.41	595		07/11/10	East District Champs	Glenrothes	Carnegie	1
2:21.65	592		07/11/10	East District Champs	Glenrothes	Carnegie	1
2:24.03	563	F	03/10/10	East District Time Trial	Glenrothes	Carnegie	1
2:25.23	549	F	31/10/09	East District Age Group	Glenrothes	Carnegie	1
2:26.75	532	H	31/10/09	East District Age Group	Glenrothes	Carnegie	1
2:24.60	556	F	06/09/09	Dunedin Challenge Meet	Glenrothes	Carnegie	2
2:29.48	503		01/11/08	SASA East District AG	Glenrothes	Carnegie	1
2:30.70	491		01/11/08	SASA East District AG	Glenrothes	Carnegie	1
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