

Individual Best Times (All Time)

Ruan Rossouw - (1490801) - East Grinstead Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
34.95	253	F	03/03/24	Atlantis March Madness Sprint Meet 2024	Horsham		3
35.88	233	F	10/12/23	East Grinstead Winter Championships 2023	Edenbridge	East Grins'd	4
42.22	143	F	15/01/22	Brighton SC Tom Handley Open Meet	Prince Regent		3
42.62	139	F	13/11/21	National Arena Swimming League South - Round Two	Bexleyheath		3
42.71	138	F	09/10/21	National Arena Swimming League South Round One	Tunbridge Wells		3

Swims in Date Order

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