

# Individual Best Times (All Time)

Zac Krol - (1486297) - Atlantis Swimming Club - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue     | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 1:24.25 | 200    | F     | 12/06/24 | Atlantis Club Champs 2024                     | Horsham   | Atlantis        | 4     |
| 1:29.31 | 168    | F     | 08/10/23 | Cranleigh SC Autumn Open Meet 2023            | Cranleigh |                 | 3     |
| 1:31.08 | 158    | F     | 10/09/23 | Atlantis Club Champs 2023                     | Horsham   |                 | 4     |
| 1:31.21 | 157    | F     | 21/05/23 | East Grinstead SC Open Meet 2023              | Crawley   |                 | 3     |
| 1:31.22 | 157    | F     | 30/06/24 | Atlantis Summer Splash 2024                   | Horsham   |                 | 3     |
| 1:31.60 | 155    | F     | 03/03/24 | Atlantis March Madness Sprint Meet 2024       | Horsham   |                 | 3     |
| 1:32.01 | 153    | F     | 25/06/23 | Atlantis Summer Splash 2023                   | Horsham   |                 | 3     |
| 1:34.07 | 143    | F     | 25/11/23 | Atlantis SC Christmas Cracker 2023            | Horsham   |                 | 3     |
| 1:34.55 | 141    | F     | 15/10/22 | Sussex County ASA Winter Competition          | Crawley   |                 | 2     |
| 1:34.67 | 141    | F     | 19/06/22 | Atlantis SC Club Champs 2022                  | Horsham   |                 | 4     |
| 1:35.07 | 139    | F     | 05/03/23 | Atlantis SC March Madness Sprint Meet 2023    | Horsham   |                 | 3     |
| 1:35.46 | 137    | F     | 26/06/22 | Atlantis SC Summer Splash 2022                | Horsham   |                 | 3     |
| 1:36.83 | 131    | F     | 26/11/22 | Atlantis SC Christmas Cracker 2022            | Horsham   |                 | 3     |
| 1:38.68 | 124    | F     | 27/11/21 | Atlantis Christmas Cracker 2021               | Horsham   |                 | 3     |
| 1:39.01 | 123    | F     | 29/05/22 | Bognor Regis SC Vanessa Knight Open Meet 2022 | Arun Cen  |                 | 3     |
| 1:39.12 | 122    | F     | 06/03/22 | Atlantis SC Splash n Dash 2022                | Horsham   |                 | 3     |
| 1:46.91 | 97     | F     | 18/09/21 | Atlantis Club Champs 2021                     | Horsham   |                 | 4     |
| 1:47.09 | 97     | F     | 10/10/21 | Cranleigh ASC Oct 2021 Open Meet              | Cranleigh |                 | 3     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                    | Venue     | Club Swam Under | Level |
|---------|--------|-------|----------|---|-----------|-----------------|-------|
| 1:31.22 | 157    | F     | 30/06/24 | Atlantis Summer Splash 2024             | Horsham   |                 | 3     |
| 1:24.25 | 200    | F     | 12/06/24 | Atlantis Club Champs 2024               | Horsham   | Atlantis        | 4     |
| 1:31.60 | 155    | F     | 03/03/24 | Atlantis March Madness Sprint Meet 2024 | Horsham   |                 | 3     |
| 1:34.07 | 143    | F     | 25/11/23 | Atlantis SC Christmas Cracker 2023      | Horsham   |                 | 3     |
| 1:29.31 | 168    | F     | 08/10/23 | Cranleigh SC Autumn Open Meet 2023      | Cranleigh |                 | 3     |

|         |     |   |          |   |           |   |
|---------|-----|---|----------|---|-----------|---|
| 1:31.08 | 158 | F | 10/09/23 | Atlantis Club Champs 2023                     | Horsham   | 4 |
| 1:32.01 | 153 | F | 25/06/23 | Atlantis Summer Splash 2023                   | Horsham   | 3 |
| 1:31.21 | 157 | F | 21/05/23 | East Grinstead SC Open Meet 2023              | Crawley   | 3 |
| 1:35.07 | 139 | F | 05/03/23 | Atlantis SC March Madness Sprint Meet 2023    | Horsham   | 3 |
| 1:36.83 | 131 | F | 26/11/22 | Atlantis SC Christmas Cracker 2022            | Horsham   | 3 |
| 1:34.55 | 141 | F | 15/10/22 | Sussex County ASA Winter Competition          | Crawley   | 2 |
| 1:35.46 | 137 | F | 26/06/22 | Atlantis SC Summer Splash 2022                | Horsham   | 3 |
| 1:34.67 | 141 | F | 19/06/22 | Atlantis SC Club Champs 2022                  | Horsham   | 4 |
| 1:39.01 | 123 | F | 29/05/22 | Bognor Regis SC Vanessa Knight Open Meet 2022 | Arun Cen  | 3 |
| 1:39.12 | 122 | F | 06/03/22 | Atlantis SC Splash n Dash 2022                | Horsham   | 3 |
| 1:38.68 | 124 | F | 27/11/21 | Atlantis Christmas Cracker 2021               | Horsham   | 3 |
| 1:47.09 | 97  | F | 10/10/21 | Cranleigh ASC Oct 2021 Open Meet              | Cranleigh | 3 |
| 1:46.91 | 97  | F | 18/09/21 | Atlantis Club Champs 2021                     | Horsham   | 4 |