

Individual Best Times (All Time)

Zac Krol - (1486297) - Atlantis Swimming Club - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:54.59	221	F	22/10/23	Sussex County ASA Winter AG Competition 2023	Crawley		2
2:55.15	219	F	07/06/24	Atlantis Club Champs 2024	Horsham	Atlantis	4
2:55.96	216	F	29/06/24	Atlantis Summer Splash 2024	Horsham		3
2:56.13	215	F	10/09/23	Atlantis Club Champs 2023	Horsham		4
2:57.51	210	F	26/11/23	Atlantis SC Christmas Cracker 2023	Horsham		3
3:00.25	201	F	02/04/23	Guildford City SC L3 Regional Qualifier 2023	Guildford		3
3:00.66	199	F	24/06/23	Atlantis Summer Splash 2023	Horsham		3
3:02.73	193	F	27/11/22	Atlantis SC Christmas Cracker 2022	Horsham		3
3:08.21	176	F	15/10/22	Sussex County ASA Winter Competition	Crawley		2
3:10.39	170	F	28/11/21	Atlantis Christmas Cracker 2021	Horsham		3
3:12.18	166	F	25/06/22	Atlantis SC Summer Splash 2022	Horsham		3
3:23.20	140	F	17/09/21	Atlantis Club Champs 2021	Horsham		4
3:25.47	135	F	10/10/21	Cranleigh ASC Oct 2021 Open Meet	Cranleigh		3
4:07.38	77	F	07/07/19	Atlantis Club Champs 2019	Horsham	Atlantis	4

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