

# Individual Best Times (All Time)

Emelia Cox - (1482752) - Carlisle Aquatics - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:06.08	378	H	23/03/24	Carnforth LAST-GASP for Regionals 2024	Lancaster	Carlisle Aq	3
3:07.66	368	H	03/12/23	Cumbria Winter Meet L3 2023	Copeland	Carlisle Aq	3
3:08.41	364	H	20/01/24	Cumbria County Championships & Age Groups 2024	Workington	Carlisle Aq	2
3:11.02	349	H	24/09/23	Workington 14th Presidents Gala 2023	Workington	Carlisle Aq	3
3:16.73	320	H	10/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
3:19.03	309	H	25/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Carlisle Aq	3
3:22.44	293	H	25/03/23	Ulverston Spring Swim Fest 2023	Kendal	Carlisle Aq	3

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