

# Individual Best Times (All Time)

Emelia Cox - (1482752) - Carlisle Aquatics - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.18	392	H	20/01/24	Cumbria County Championships & Age Groups 2024	Workington	Carlisle Aq	2
1:17.22	391	H	17/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
1:17.48	387	H	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	Carlisle Aq	3
1:17.49	387	H	03/12/23	Cumbria Winter Meet L3 2023	Copeland	Carlisle Aq	3
1:18.58	371	H	24/09/23	Workington 14th Presidents Gala 2023	Workington	Carlisle Aq	3
1:19.35	361	H	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Carlisle Aq	3
1:19.87	354	H	25/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Carlisle Aq	3
1:24.73	296	H	26/03/23	Ulverston Spring Swim Fest 2023	Kendal	Carlisle Aq	3
1:45.36	154	H	02/08/21	Carlisle Aquatics	The Pools	Carlisle Aq	0

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:17.48	387	H	08/06/24	Copeland ASC 27th Graded Gala 2024	Whitehaven	Carlisle Aq	3
1:17.18	392	H	20/01/24	Cumbria County Championships & Age Groups 2024	Workington	Carlisle Aq	2
1:17.49	387	H	03/12/23	Cumbria Winter Meet L3 2023	Copeland	Carlisle Aq	3
1:18.58	371	H	24/09/23	Workington 14th Presidents Gala 2023	Workington	Carlisle Aq	3
1:17.22	391	H	17/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
1:19.35	361	H	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Carlisle Aq	3
1:19.87	354	H	25/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Carlisle Aq	3
1:24.73	296	H	26/03/23	Ulverston Spring Swim Fest 2023	Kendal	Carlisle Aq	3
1:45.36	154	H	02/08/21	Carlisle Aquatics	The Pools	Carlisle Aq	0