

Individual Best Times (All Time)

Emelia Cox - (1482752) - Carlisle Aquatics - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:45.72	397	H	03/02/24	Cumbria County Championships & Age Groups 2024	Workington	Carlisle Aq	2
2:46.91	389	H	03/12/23	Cumbria Winter Meet L3 2023	Copeland	Carlisle Aq	3
2:50.14	367	H	03/09/23	Carlisle Aquatics Annual Club Champs Galas 2023	Carlisle	Carlisle Aq	4
2:52.09	355	H	23/09/23	Workington 14th Presidents Gala 2023	Workington	Carlisle Aq	3
3:03.32	293	H	26/03/23	Ulverston Spring Swim Fest 2023	Kendal	Carlisle Aq	3

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