

Individual Best Times (All Time)

Emelia Cox - (1482752) - Carlisle Aquatics - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.19	397	H	25/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Carlisle Aq	3
31.28	393	H	03/12/23	Cumbria Winter Meet L3 2023	Copeland	Carlisle Aq	3
31.41	389	H	21/10/23	Barrow ASC Halloween Meet 2023	Barrow in Furness	Carlisle Aq	3
31.49	386	H	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Carlisle Aq	3
31.54	384	H	23/03/24	Carnforth LAST-GASP for Regionals 2024	Lancaster	Carlisle Aq	3
32.98	336	H	25/03/23	Ulverston Spring Swim Fest 2023	Kendal	Carlisle Aq	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.54	384	H	23/03/24	Carnforth LAST-GASP for Regionals 2024	Lancaster	Carlisle Aq	3
31.28	393	H	03/12/23	Cumbria Winter Meet L3 2023	Copeland	Carlisle Aq	3
31.41	389	H	21/10/23	Barrow ASC Halloween Meet 2023	Barrow in Furness	Carlisle Aq	3
31.49	386	H	15/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Carlisle Aq	3
31.19	397	H	25/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Carlisle Aq	3
32.98	336	H	25/03/23	Ulverston Spring Swim Fest 2023	Kendal	Carlisle Aq	3