

Individual Best Times (All Time)

Sofia Stephenson - (1479219) - City of Sunderland ASC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:16.29	530	H	26/05/24	South Tyneside 2024 Spring Meet	South Shields	Co Sund'land	3
2:18.89	500	H	28/05/23	South Tyneside SC Spring Meet 2023	South Shields	Co Sund'land	3
2:20.40	485	H	04/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	Co Sund'land	2
2:21.22	476		10/12/23	York City BC Winter Swim Extravaganza 2023	Leeds		3
2:22.70	461	H	17/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesbrough	Co Sund'land	3
2:22.95	459		11/12/22	York City Baths Winter Swim Extravaganza 2022	Leeds		3
2:23.22	456	H	14/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	Co Sund'land	2
2:25.70	433	H	05/11/22	SE North East Age Group Championships (25m) 2022	Sheffield	Co Sund'land	2
2:29.37	402	H	29/05/22	South Tyneside SC Spring Meet 2022	South Shields	Co Sund'land	3
2:30.20	396	H	15/10/22	BOSSS Winter Swimming Meet 2022	Billingham Forum	Co Sund'land	2
2:37.12	346	H	05/02/22	Durham City Aquatics Valentine Gala	Durham	Co Sund'land	3
2:44.02	304	H	06/11/21	SE North East Region Age Group Championships 2021	Sheffield	Co Sund'land	2
2:44.34	302	H	11/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	Co Sund'land	3
2:56.18	245	H	19/09/21	Richmond Dales The Iain Young Back to Pool Gala	Middlesbrough	Co Sund'land	3
2:56.26	245	H	31/07/21	City of Sunderland	Sunderland	Co Sund'land	0
2:58.23	237	H	30/10/21	City of Sunderland Spooktacular 2021	Sunderland	Co Sund'land	3
3:01.71	223	H	03/07/21	City of Sunderland	Sunderland	Co Sund'land	0

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:16.29	530	H	26/05/24	South Tyneside 2024 Spring Meet	South Shields	Co Sund'land	3
2:21.22	476		10/12/23	York City BC Winter Swim Extravaganza 2023	Leeds		3
2:20.40	485	H	04/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	Co Sund'land	2
2:23.22	456	H	14/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	Co Sund'land	2
2:22.70	461	H	17/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesbrough	Co Sund'land	3
2:18.89	500	H	28/05/23	South Tyneside SC Spring Meet 2023	South Shields	Co Sund'land	3

2:22.95	459		11/12/22	York City Baths Winter Swim Extravaganza 2022	Leeds			3
2:25.70	433	H	05/11/22	SE North East Age Group Championships (25m) 2022	Sheffield	Co Sund'land		2
2:30.20	396	H	15/10/22	BOSSS Winter Swimming Meet 2022	Billingham Forum	Co Sund'land		2
2:29.37	402	H	29/05/22	South Tyneside SC Spring Meet 2022	South Shields	Co Sund'land		3
2:37.12	346	H	05/02/22	Durham City Aquatics Valentine Gala	Durham	Co Sund'land		3
2:44.34	302	H	11/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	Co Sund'land		3
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2:58.23	237	H	30/10/21	City of Sunderland Spooktacular 2021	Sunderland	Co Sund'land		3
2:56.18	245	H	19/09/21	Richmond Dales The Iain Young Back to Pool Gala	Middlesbrough	Co Sund'land		3
2:56.26	245	H	31/07/21	City of Sunderland	Sunderland	Co Sund'land		0
3:01.71	223	H	03/07/21	City of Sunderland	Sunderland	Co Sund'land		0