

Individual Best Times (All Time)

Sofia Stephenson - (1479219) - City of Sunderland ASC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.40	474		09/12/23	York City BC Winter Swim Extravaganza 2023	Leeds		3
29.44	472	H	26/05/24	South Tyneside 2024 Spring Meet	South Shields	Co Sund'land	3
29.47	471	H	28/05/23	South Tyneside SC Spring Meet 2023	South Shields	Co Sund'land	3
29.73	458	F	16/07/23	Gateshead & Whickham ASC Summer Meet 2023	Gateshead	Co Sund'land	3
29.76	457	H	05/11/23	NE Regional Age Group Championships (25m) 2023	Sheffield	Co Sund'land	2
30.00	446	H	16/07/23	Gateshead & Whickham ASC Summer Meet 2023	Gateshead	Co Sund'land	3
30.16	439	H	14/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	Co Sund'land	2
30.27	434		10/12/22	York City Baths Winter Swim Extravaganza 2022	Leeds		3
30.31	432	H	06/11/22	SE North East Age Group Championships (25m) 2022	Sheffield	Co Sund'land	2
30.32	432	H	17/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesbrough	Co Sund'land	3
31.16	398	H	06/02/22	Durham City Aquatics Valentine Gala	Durham	Co Sund'land	3
31.28	393	H	20/09/22	City of Sunderland ASC Club Champs 2022	Sunderland	Co Sund'land	4
31.39	389	H	26/03/22	Tynemouth ASC March Gala 2022	North Shields	Co Sund'land	3
31.47	386	H	29/05/22	South Tyneside SC Spring Meet 2022	South Shields	Co Sund'land	3
32.40	354	H	07/11/21	SE North East Region Age Group Championships 2021	Sheffield	Co Sund'land	2
32.68	345	H	11/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	Co Sund'land	3
32.96	336	H	30/10/21	City of Sunderland Spooktacular 2021	Sunderland	Co Sund'land	3
33.46	321	H	03/07/21	City of Sunderland	Sunderland	Co Sund'land	0
34.11	303	H	31/07/21	City of Sunderland	Sunderland	Co Sund'land	0
40.51	181	H	05/01/20	Billingham New Year Meet	Billingham	Co Sund'land	3
45.44	128	H	14/12/19	GAW Christmas Meet	Dunston	Co Sund'land	3
46.33	121	H	13/10/19	Newcastle Swim Team Invitational Shrimp	Dunston Pool	Co Sund'land	4
47.02	115	H	08/12/19	Newcastle Swim Team Invitational Shrimp Meet	Louisa Centre	Co Sund'land	4
51.67	87	H	19/05/19	Newcastle Swim Team Invitational Shrimp Meet	Stanley	Co Sund'land	4

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