

Individual Best Times (All Time)

Ava Race - (1478943) - Wear Valley SC - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:17.87	385	H	17/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesborough	Wear Valley	3

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