

Individual Best Times (All Time)

Adele Colangelo - (1478566) - Bristol Penguin Olympic SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:26.36	376	F	09/12/23	National Arena Swimming League Western 2023 Gala 2	Newport		4
1:27.93	356	F	25/11/23	Bristol Penguins & Keynsham Autumn Sprint Meet 23	Bristol		3
1:28.02	355	F	10/03/24	Keynsham SC & Bristol Penguin Spring Open Meet	Weston Super Mare	Bristol Pen	3
1:28.76	346	F	08/06/24	Bristol Penguins & Keynsham Summer Champs 2024	Bristol	Bristol Pen	3
1:31.92	312	F	10/06/23	Keynsham & Bristol Penguins Summer Championships	Bristol		4
1:32.32	308	F	10/04/22	Yeovil & District SC Easter Open Meet 2022	Somerset		3
1:32.49	306	F	16/11/22	Bristol Henleaze SC Club Championships 2022	Bristol		4
1:32.66	304	F	28/11/21	Bristol Henleaze Sprint Spectacular	Weston-Super-Mare		3
1:33.94	292	F	29/05/22	Southwold ASC May L3 Meet	Gloucester		3
1:34.03	291	H	28/11/21	Bristol Henleaze Sprint Spectacular	Weston-Super-Mare		3
1:36.97	265	F	20/10/21	Bristol Henleaze Club Championships	Clifton		4

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