## **Individual Best Times (All Time)**

Henry Allsop - (1472286) - Exeter City Swimming Club - 400 Individual Medley - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
6:06.20	263	F	14/11/22	Exeter City SC 400m Time Trials 2022	Exeter		4	

## Swims in Date Order

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