

Individual Best Times (All Time)

Harrison Dale - (1469123) - Southport SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:37.79	335	H	06/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	Southport	3
5:38.28	334	H	14/11/23	Southport SC Club Championships 2023	Dunes LC	Southport	4
5:46.68	310	H	04/03/23	Bobcats 'Racing for Regionals' Meet 2023	Darwen	Southport	3
5:55.15	289	H	09/11/21	Southport SC Club Championships	Dunes LC	Southport	4
5:58.98	279	H	15/10/22	Liverpool & District Age Group & Swimming Champs	Knowsley	Southport	3

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