

Individual Best Times (All Time)

Harrison Dale - (1469123) - Southport SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:28.63	358	H	07/11/23	Southport SC Club Championships 2023	Dunes LC	Southport	4
2:29.62	351	H	07/01/24	Bobcats 'Last Chance County Qualifier' 2024	Darwen	Southport	3
2:31.37	339	H	25/06/23	Preston SC Summer Spectacular Meet 2023	Darwen	Southport	3
2:34.49	319	H	05/03/23	Bobcats 'Racing for Regionals' Meet 2023	Darwen	Southport	3
2:35.51	313	H	08/11/22	Southport SC Club Championships	Dunes Leisure Centre	Southport	4
2:35.56	313	H	04/12/22	Preston SC Christmas Countdown Meet 2022	Darwen	Southport	4
2:38.94	293	H	12/06/22	Preston SC Summer Spectacular	Darwen	Southport	3
2:39.25	291	H	16/10/22	Liverpool & District Age Group & Swimming Champs	Knowsley	Southport	3
2:46.50	255	H	05/12/21	Preston SC Christmas Countdown	Darwen	Southport	3
2:49.43	242	H	02/11/21	Southport SC Club Championships	Dunes LC	Southport	4
2:52.50	229	H	10/09/21	Southport SC Back to the Pool	Dunes LC	Southport	4
3:01.18	198	H	08/03/20	BOBCATS Regional Qualifier - Powered by FINIS	Darwen	Southport	3
3:13.19	163	H	12/11/19	Southport Club Championships	Dunes LC	Southport	4
3:17.98	151	H	01/12/19	PSC Christmas Countdown	Darwen	Southport	3
3:23.66	139	H	14/09/19	City of Liverpool Tadpoles Gala 2019	Everton Park	Southport	3

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