

Individual Best Times (All Time)

Ruby Jackson - (1461563) - West Norfolk Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------------|-----------------|-------|
| 46.94 | 220 | H | 25/03/23 | Norwich Swan Open Meet 2023 | Norwich | West Norfolk | 3 |
| 47.54 | 212 | F | 29/10/22 | Teamipswich Swimming Club Spooktacular Open Meet | Ipswich | | 3 |
| 47.74 | 209 | H | 29/07/23 | Norwich Swan & Great Yarmouth SC Summer Sprints | Norwich | West Norfolk | 3 |
| 48.59 | 199 | F | 30/04/22 | South Lincs SC 36th Tulip Meet 2022 | Spalding | | 3 |
| 49.60 | 187 | H | 11/09/22 | Thetford Dolphins Swimming Club Nifty 50s | Thetford | West Norfolk | 3 |
| 49.66 | 186 | H | 22/05/22 | Norfolk ASA Warwick Thompson Memorial Gala 2022 | Thetford | West Norfolk | 3 |
| 52.22 | 160 | H | 19/03/22 | West Norfolk SC Open Meet 2022 | Kings Lynn | West Norfolk | 3 |
| 53.15 | 152 | F | 03/10/21 | City of Peterborough SC Season Opener | Peterborough | | 3 |
| 54.23 | 143 | H | 12/12/21 | Diss Otters SC Santa's Splash & Dash | Norwich | West Norfolk | 3 |
| 54.38 | 141 | H | 28/11/21 | Hatfield SC County Qualifier | Hatfield | West Norfolk | 3 |
| 1:00.19 | 104 | H | 27/06/21 | West Norfolk SC Club Champs 2021 | Kings Lynn | West Norfolk | 4 |
| 1:05.22 | 82 | H | 01/11/20 | West Norfolk Swimming Club | Alive Downham Market | West Norfolk | 0 |
| 1:06.73 | 76 | H | 23/11/19 | Norwich Swan Development Gala | Norwich | West Norfolk | 4 |
| 1:07.10 | 75 | H | 08/03/20 | WNSC Open Meet 2020 | Kings Lynn | West Norfolk | 3 |
| 1:07.97 | 72 | H | 08/09/19 | Thetford Dolphins Nifty 50s | Waterworld | West Norfolk | 3 |
| 1:08.03 | 72 | H | 05/10/19 | WNSC Mini Meet Series 2019 | Kings Lynn | West Norfolk | 4 |
| 1:16.93 | 50 | H | 29/06/19 | WNSC Club Championships 2019 | Downham Market | West Norfolk | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|----------|-----------------|-------|
| 47.74 | 209 | H | 29/07/23 | Norwich Swan & Great Yarmouth SC Summer Sprints | Norwich | West Norfolk | 3 |
| 46.94 | 220 | H | 25/03/23 | Norwich Swan Open Meet 2023 | Norwich | West Norfolk | 3 |
| 47.54 | 212 | F | 29/10/22 | Teamipswich Swimming Club Spooktacular Open Meet | Ipswich | | 3 |
| 49.60 | 187 | H | 11/09/22 | Thetford Dolphins Swimming Club Nifty 50s | Thetford | West Norfolk | 3 |
| 49.66 | 186 | H | 22/05/22 | Norfolk ASA Warwick Thompson Memorial Gala 2022 | Thetford | West Norfolk | 3 |
| 48.59 | 199 | F | 30/04/22 | South Lincs SC 36th Tulip Meet 2022 | Spalding | | 3 |

| | | | | | | | |
|---------|-----|---|----------|---------------------------------------|----------------------|--------------|---|
| 52.22 | 160 | H | 19/03/22 | West Norfolk SC Open Meet 2022 | Kings Lynn | West Norfolk | 3 |
| 54.23 | 143 | H | 12/12/21 | Diss Otters SC Santa's Splash & Dash | Norwich | West Norfolk | 3 |
| 54.38 | 141 | H | 28/11/21 | Hatfield SC County Qualifier | Hatfield | West Norfolk | 3 |
| 53.15 | 152 | F | 03/10/21 | City of Peterborough SC Season Opener | Peterborough | | 3 |
| 1:00.19 | 104 | H | 27/06/21 | West Norfolk SC Club Champs 2021 | Kings Lynn | West Norfolk | 4 |
| 1:05.22 | 82 | H | 01/11/20 | West Norfolk Swimming Club | Alive Downham Market | West Norfolk | 0 |
| 1:07.10 | 75 | H | 08/03/20 | WNSC Open Meet 2020 | Kings Lynn | West Norfolk | 3 |
| 1:06.73 | 76 | H | 23/11/19 | Norwich Swan Development Gala | Norwich | West Norfolk | 4 |
| 1:08.03 | 72 | H | 05/10/19 | WNSC Mini Meet Series 2019 | Kings Lynn | West Norfolk | 4 |
| 1:07.97 | 72 | H | 08/09/19 | Thetford Dolphins Nifty 50s | Waterworld | West Norfolk | 3 |
| 1:16.93 | 50 | H | 29/06/19 | WNSC Club Championships 2019 | Downham Market | West Norfolk | 4 |