Individual Best Times (All Time)

Ruby Jackson - (1461563) - West Norfolk Swimming Club - 400 Individual Medley - Short Course

Drag to Zoom, right click to reset.

Swims in Time Order

Performance Graph

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:19.43	317	Н	14/07/23	West Norfolk Club Championships 2023	King's Lynn	West Norfolk	4
6:29.21	294	Н	25/03/23	Norwich Swan Open Meet 2023	Norwich	West Norfolk	3
6:33.84	284	Н	15/07/22	West Norfolk SC Club Championships 2022	Kings Lynn	West Norfolk	4

Swims in Date Order

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