

Individual Best Times (All Time)

Ruby Jackson - (1461563) - West Norfolk Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.64	327	H	30/06/24	Swim England Norfolk County Challenge 2024	Dereham	West Norfolk	3
36.95	319	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
38.74	276	F	15/10/23	Diss Otters Open Meet 2023	Norwich		3
39.04	270	H	04/12/22	Great Yarmouth SC Winter Wipeout 2022	Norwich	West Norfolk	3
39.11	269	H	26/03/23	Norwich Swan Open Meet 2023	Norwich	West Norfolk	3
39.28	265	H	25/02/24	SE Norfolk Warwick Thompson Memorial Gala 2024	Thetford	West Norfolk	3
39.81	255	H	16/07/23	West Norfolk Club Championships 2023	Downham Market	West Norfolk	4
40.41	243	H	11/09/22	Thetford Dolphins Swimming Club Nifty 50s	Thetford	West Norfolk	3
41.12	231	H	29/07/23	Norwich Swan & Great Yarmouth SC Summer Sprints	Norwich	West Norfolk	3
41.56	224	F	30/10/22	Teamipswich Swimming Club Spooktacular Open Meet	Ipswich		3
44.03	188	H	17/07/22	West Norfolk SC Club Championships 2022	Downham Market	West Norfolk	4
44.50	182	H	19/03/22	West Norfolk SC Open Meet 2022	Kings Lynn	West Norfolk	3
46.42	160	H	12/12/21	Diss Otters SC Santa's Splash & Dash	Norwich	West Norfolk	3
46.47	160	H	28/11/21	Hatfield SC County Qualifier	Hatfield	West Norfolk	3
48.16	144	F	02/10/21	City of Peterborough SC Season Opener	Peterborough		3
48.60	140	H	23/02/20	Warwick Thompson Memorial Gala 2020	Thetford	West Norfolk	3
48.81	138	H	08/03/20	WNSC Open Meet 2020	Kings Lynn	West Norfolk	3
50.99	121	H	27/06/21	West Norfolk SC Club Champs 2021	Kings Lynn	West Norfolk	4
53.09	107	H	16/11/19	WNSC Mini Meet Series 2019	Kings Lynn	West Norfolk	4
53.73	103	H	01/11/20	West Norfolk Swimming Club	Alive Downham Market	West Norfolk	0
56.82	87	H	29/06/19	WNSC Club Championships 2019	Downham Market	West Norfolk	4
56.86	87	H	23/11/19	Norwich Swan Development Gala	Norwich	West Norfolk	4
58.28	81	H	08/09/19	Thetford Dolphins Nifty 50s	Waterworld	West Norfolk	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
------	--------	-------	------	------	-------	-----------------	-------

36.64	327	H	30/06/24	Swim England Norfolk County Challenge 2024	Dereham	West Norfolk	3
36.95	319	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
39.28	265	H	25/02/24	SE Norfolk Warwick Thompson Memorial Gala 2024	Thetford	West Norfolk	3
38.74	276	F	15/10/23	Diss Otters Open Meet 2023	Norwich		3
41.12	231	H	29/07/23	Norwich Swan & Great Yarmouth SC Summer Sprints	Norwich	West Norfolk	3
39.81	255	H	16/07/23	West Norfolk Club Championships 2023	Downham Market	West Norfolk	4
39.11	269	H	26/03/23	Norwich Swan Open Meet 2023	Norwich	West Norfolk	3
39.04	270	H	04/12/22	Great Yarmouth SC Winter Wipeout 2022	Norwich	West Norfolk	3
41.56	224	F	30/10/22	Teamipswich Swimming Club Spooktacular Open Meet	Ipswich		3
40.41	243	H	11/09/22	Thetford Dolphins Swimming Club Nifty 50s	Thetford	West Norfolk	3
44.03	188	H	17/07/22	West Norfolk SC Club Championships 2022	Downham Market	West Norfolk	4
44.50	182	H	19/03/22	West Norfolk SC Open Meet 2022	Kings Lynn	West Norfolk	3
46.42	160	H	12/12/21	Diss Otters SC Santa's Splash & Dash	Norwich	West Norfolk	3
46.47	160	H	28/11/21	Hatfield SC County Qualifier	Hatfield	West Norfolk	3
48.16	144	F	02/10/21	City of Peterborough SC Season Opener	Peterborough		3
50.99	121	H	27/06/21	West Norfolk SC Club Champs 2021	Kings Lynn	West Norfolk	4
53.73	103	H	01/11/20	West Norfolk Swimming Club	Alive Downham Market	West Norfolk	0
48.81	138	H	08/03/20	WNSC Open Meet 2020	Kings Lynn	West Norfolk	3
48.60	140	H	23/02/20	Warwick Thompson Memorial Gala 2020	Thetford	West Norfolk	3
56.86	87	H	23/11/19	Norwich Swan Development Gala	Norwich	West Norfolk	4
53.09	107	H	16/11/19	WNSC Mini Meet Series 2019	Kings Lynn	West Norfolk	4
58.28	81	H	08/09/19	Thetford Dolphins Nifty 50s	Waterworld	West Norfolk	3
56.82	87	H	29/06/19	WNSC Club Championships 2019	Downham Market	West Norfolk	4