

Individual Best Times (All Time)

Lara Harrold - (1456976) - Truro City SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
48.58	199	F	03/07/22	Truro City SC Club Championships	Truro		4
49.24	191	F	12/03/22	Carn Brea & Helston 5th Open Sprint Meet 2022	Bodmin		3
49.99	182	F	07/03/20	Carn Brea & Helston 4th Open Sprint Meet 2020	Penzance	Truro City	3
57.30	121	F	31/03/19	Newquay Cormorants Open	Bodmin	Truro City	3

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