

Individual Best Times (All Time)

Lara Harrold - (1456976) - Truro City SC - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:11.76	343	F	11/06/23	Truro City SC Club Championships 2023	Truro		4
1:12.34	335	F	08/10/23	Carn Brea & Helston 35th Open Meet 2023	Bodmin		2
1:28.60	182	F	30/11/19	Carn Brea & Helston 9th Invitational Meet	Penzance	Truro City	4
1:28.64	182	F	01/12/19	Cornwall County Development Gala 2019	Bodmin	Truro City	3
1:31.55	165	F	21/12/19	Caradons Cornish Christmas Cracker 2019	Bodmin	Truro City	3

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