

# Individual Best Times (All Time)

Lara Harrold - (1456976) - Truro City SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:44.35	160	F	22/09/19	Truro City Club Autumn Championships	Truro	Truro City	4
3:54.98	139	F	31/03/19	Newquay Cormorants Open	Bodmin	Truro City	3

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