

Individual Best Times (All Time)

Lara Harrold - (1456976) - Truro City SC - 200 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:41.97	153	F	22/09/19	Truro City Club Autumn Championships	Truro	Truro City	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:41.97	153	F	22/09/19	Truro City Club Autumn Championships	Truro	Truro City	4